

2019 Lake of Dreams Recovery Retreats

Chair and Co-chair training (aka Boot Camp) Dan R – Jan 26th, 9 am to 1pm

Women's Snowball Feb 1-3, Spring-Apr 5-7, Spring-May 4-6, Spring-May 31-june 2, 2019

Men's Snowball-Feb 8-10, Spring-April 12-14, 2019, Spring April 26-28, 2019, Spring May 17-19, 2019

SAVE THE DATE..Family Picnic June 15, 2019



**Celebrate 12 Step recovery, fellowship, food and fun in a serene setting.
Arrive between 3:00 pm and 7:00 pm Friday; depart late Sunday morning.**

Location: Lake of Dreams is located at 24167 Lodi Road, Jerseyville, Illinois 62052
45 minutes from St. Louis Airport, pickup upon request.

Cost: \$50.00 includes room & board. Fees refundable if cancellation up to four weeks from retreat.

Additional Details:

- 5 meetings.
- Please do not register unless you are able to attend the entire retreat, beginning to end.
- Attendees are encouraged to volunteer for service, such as cooking and cleaning up.
- Space is limited to the first 25 registrants from whom funds are received, alternates can list.
- Hotel accommodations are available nearby at participant's additional expense.
- Scholarships are available. Contact Kurt D. 314-691-9301 for more information.

Register at: lakeofdreams.org

- a. Preferred Date of Retreat
- b. Name, Email, Contact phone number.
- c. Emergency contact name and phone number.
- d. There are fewer beds than attendees. Please indicate a selection:
 - I need a bed due to medical condition.
 - I request a bed, and would like to be in the lottery for one.
 - I don't care, anywhere is fine.
- e. Information regarding medical conditions, special needs, or food allergies.

Lady's Payment: Cindy Stark

Men's Payment: [PayPal send money friends and family \\$50 to lewbech@gmail.com](https://www.paypal.com)