

# 2018 Lake of Dreams Retreats

**Men's Fall Retreat Dates Sept 21-23 Oct 5-7 Oct 19-21**

**Women's Fall Retreat Dates Sept 14-16 Sept 28-30 Oct 12-14**



**Celebrate 12 Step recovery, fellowship, food and fun in a serene setting.  
Arrive between 3:00 pm and 7:00 pm Friday; depart Sunday Morning.**

**Location:** Lake of Dreams is located at 24167 Lodi Rd, Jerseyville, Illinois 62052

Only 45 minutes from St.Louis Airport, pickup upon request.

**Cost: \$50.00 includes room & board.** Fees refundable if cancellation up to four weeks from retreat.

- Five meetings - after each meal: Fri. Dinner - AA, Sat. Breakfast – Al-Anon, Sat. Lunch - AA, Sat. Dinner Al-Anon, Sun. Breakfast – AA. Also Optional Morning Meditation & Midnight Meetings.
- Please do not register unless you are able to attend the entire retreat, beginning to end.
- Attendees are encouraged to volunteer for service, such as cooking and cleaning up.
- Space is limited to the first 25 registrants from whom funds are received, alternates can list.
- Hotel accommodations are available nearby at participant's additional expense.
- Scholarships available.

**Register at: [www.lakeofdreams.org](http://www.lakeofdreams.org)**

A. Name, Email, Phone Number

B. Emergency Contact Name and Phone Number

C. Retreat Dates

D. Saturday Night Dinner Choice: Steak/Salmon or Both

E. Medical Conditions, Special Needs, Dietary Needs

F. There are fewer beds than attendees. Please indicate a selection:

- I need a bed due to medical condition.
- I request a bed, and would like to be in the lottery for one.
- I don't care, anywhere is fine.

G. Service Opportunities

**Payment: [PayPal send money request for \\$50 to lewbech@gmail.com](#)**

Questions? Contact the retreat chairperson or

John Whanger - 314-954-1730 [johnwhanger@yahoo.com](mailto:johnwhanger@yahoo.com)

Skip Eder - 314-368-4719 [skipeder@gmail.com](mailto:skipeder@gmail.com)