

2018 Men's Lake of Dreams Retreats

Men's Spring Retreat Dates Apr 13-15, Apr 27-29, May 18-20

Retreats' Theme - Wisdom to Know the Difference



Celebrate 12 Step recovery, fellowship, food and fun in a serene setting.

Arrive between 3:00 pm and 7:00 pm Friday; depart Sunday Morning.

April 13-15 - Chair - Bruce R (217) 827-2344 breinheimer985@gmail.com

Co-chair - Gene H (314) 437-0659 genehitt67@gmail.com

April 27-29 - Chair - Skip E. (314) 368-4719 skipeder@gmail.com

Co-chair - Freddy M (314) 941-6415 fjmickel@gmail.com

May 18-20 - Chair - Paul S 314-306-6795 sturmanator@hotmail.com

Co-chair - TBD

Location: Lake of Dreams is located at 24167 Lodi Rd, Jerseyville, Illinois 62052

Only 45 minutes from St. Louis Airport, pickup upon request.

Cost: \$50.00 includes room & board. Fees refundable if cancellation up to four weeks from retreat.

- Five meetings - after each meal: Fri. Dinner - AA, Sat. Breakfast - AI-Anon, Sat. Lunch - AA, Sat. Dinner AI-Anon, Sun. Breakfast - AA. Also Optional Morning Meditation & Midnight Meetings.
- Please do not register unless you are able to attend the entire retreat, beginning to end.
- Attendees are encouraged to volunteer for service, such as cooking and cleaning up.
- Space is limited to the first 25 registrants from whom funds are received, alternates can list.
- Hotel accommodations are available nearby at participant's additional expense.
- Scholarships available.

Register at: www.lakeofdreams.org

A. Name, Email, Phone Number

B. Emergency Contact Name and Phone Number

C. Retreat Dates

D. Saturday Night Dinner Choice: Steak/Salmon or Both

E. Medical Conditions, Special Needs, Dietary Needs

F. There are fewer beds than attendees. Please indicate a selection:

- I need a bed due to medical condition.
- I request a bed, and would like to be in the lottery for one.
- I don't care, anywhere is fine.

G. Service Opportunities

Payment: [PayPal send money request for \\$50 to lewbech@gmail.com](#)

Questions? Contact the retreat chairperson or
John Whanger - 314-954-1730 johnwhanger@yahoo.com
Skip Eder - 314-368-4719 skipeder@gmail.com