

2018 Men's Lake of Dreams Snowball Retreats

Retreat Dates Jan 26-28 and Feb 9-11



Celebrate 12 Step recovery, fellowship, food and fun in a serene setting.

Arrive between 3:00 pm and 7:00 pm Friday; depart Sunday Morning.

Jan 26-28 Chair- John W 314-954-1730 - johnwhanger@yahoo.com

Co Chair -Tom L 314-503-7002 -licatatom@hotmail.com

Feb 9-11 Chair -Fritz L. 618-406-4700- tfrizlevenhagen@gmail.com

Co-Chair- Robert S 314-852-9900- rfshoptaw@gmail.com

Location: Lake of Dreams is located at 24167 Lodi Rd, Jerseyville, Illinois 62052

Only 45 minutes from St.Louis Airport, pickup upon request.

Cost: \$50.00 includes room & board. Fees refundable if cancellation up to four weeks from retreat.

- Five meetings - after each meal: Fri. Dinner - AA, Sat. Breakfast – Al-Anon, Sat. Lunch - AA, Sat. Dinner Al-Anon, Sun. Breakfast – AA. Also Optional Morning Meditation & Midnight Meetings.
- Please do not register unless you are able to attend the entire retreat, beginning to end.
- Attendees are encouraged to volunteer for service, such as cooking and cleaning up.
- Space is limited to the first 25 registrants from whom funds are received, alternates can list.
- Hotel accommodations are available nearby at participant's additional expense.
- Scholarships available.

Register at: www.lakeofdreams.org

- A. Name, Email, Phone Number
- B. Emergency Contact Name and Phone Number
- C. Retreat Dates
- D. Saturday Night Dinner Choice: Steak/Salmon or Both
- E. Medical Conditions, Special Needs, Dietary Needs
- F. There are fewer beds than attendees. Please indicate a selection:
- G. Service Opportunities

Payment: [PayPal send money request for \\$50 to \[lewbech@gmail.com\]\(mailto:lewbech@gmail.com\)](https://www.paypal.com)

Questions? Call or text: John W 314-954-1730 or Skip E 314-368-4719