

2017 Men's Lake of Dreams Retreats

Men's Fall Retreat Dates Sept 22- 24, Oct 6-8 & Oct 20-22, 2017

Retreat Theme - "Participation and Action"



**Celebrate 12 Step recovery, fellowship, food and fun in a serene setting.
Arrive between 3:00 pm and 7:00 pm Friday; depart Sunday Morning.**

Sept 22 - 24 - Chair - Bob S. [314-852-9900 rfshoptaw@gmail.com](mailto:rfshoptaw@gmail.com)

Co-chair - Skip E [314-368-4719 skipeder@gmail.com](mailto:skipeder@gmail.com)

Oct 6 - 8 - Chair - Brian Mac [314-799-7727 bmac6221@aol.com](mailto:bmac6221@aol.com)

Co-chair - Bruce R [217-827-2344 bruce.reinheimer@yahoo.com](mailto:bruce.reinheimer@yahoo.com)

Oct 20 - 22 - Chair - Tim P [314-359-1783 tim_pounds@hotmail.com](mailto:tim_pounds@hotmail.com)

Co-chair - Paul S [314-306-6795 sturmanator@hotmail.com](mailto:sturmanator@hotmail.com)

Location: Lake of Dreams is located at 24167 Lodi Road, Jerseyville, Illinois 62052

Only 45 minutes from St.Louis Airport, pickup upon request.

Cost: \$45.00 includes room & board. Fees refundable if cancellation up to four weeks from retreat.

- Five meetings - after each meal: Fri. Dinner - AA, Sat. Breakfast – Al-Anon, Sat. Lunch - AA, Sat. Dinner Al-Anon, Sun. Breakfast – AA. Also Optional Morning Meditation & Midnight Meetings.
- Please do not register unless you are able to attend the entire retreat, beginning to end.
- Attendees are encouraged to volunteer for service, such as cooking and cleaning up.
- Space is limited to the first 25 registrants from whom funds are received, alternates can list.
- Hotel accommodations are available nearby at participant's additional expense.
- Scholarships available.

Register at: www.lakeofdreams.org

A. Name, Email, Phone Number

B. Emergency Contact Name and Phone Number

C. Retreat Dates

D. Saturday Night Dinner Choice: Steak/Salmon or Both

E. Medical Conditions, Special Needs, Dietary Needs

F. There are fewer beds than attendees. Please indicate a selection:

- I need a bed due to medical condition.
- I request a bed, and would like to be in the lottery for one.
- I don't care, anywhere is fine.

G. Service Opportunities

Payment: [PayPal send money request for \\$45 to lewbech@gmail.com](https://www.paypal.com)

Questions? Contact the retreat chairperson or
John Whanger - 314-954-1730 johnwhanger@yahoo.com
Skip Eder - 314-368-4719 skipeder@gmail.com